

## **SPIRITUAL TASK—HOW DOES THE LORD WORK IN MY LIFE?**

(John 5)

*by the Rev. David Roth at the New Church of Boulder Valley*

**Story** There was a sitting by the pool of Bethesda with an infirmity he had borne for 38 years, waiting to be healed. His claim was that someone always got to the pool before him when it was stirred. The Lord asked him if he wanted to be made well. He said yes. The Lord told him then to rise, take up his bed and to walk. He tried it/ He could walk.

**Meaning** The story of the infirm man waiting by the pool pictures us when we are waiting for truths themselves to make us whole, or waiting for someone else to fix our problems for us. Being told to rise, take up his bed and walk pictures how the best medicine is to take what we earnestly believe to be true and to live it—start walking in that path. We need to do the work ourselves.

**Task** This week develop a picture in your mind of the kind of person you wish to become. What are the perceived barriers to actualizing your vision? You are right, by yourself you can't do it. But with God all things are possible. So rise, take up your bed and walk. Start living the vision.