

SPIRITUAL TASK—BE A PEACEMAKER (Matthew 5)

by the Rev. David Roth at the New Church of Boulder Valley

Story The Sermon on the Mount begins by the Lord outlining what the true blessings of our life are. Today we discussed the seventh one: “Blessed are the peacemakers for they shall be called sons of God.”

Meaning The seventh key to happiness has to do with our inner state or attitude. Peace is not rest from labor, or the end of conflicts—it is a trust in the Lord that He is directing all things and providing all things and leading us towards what is good. This only comes when we 1. Approach the Lord, 2. Learn the truths from His Word and 3. Live according to them.

Task This week practice building your faith and trust in the Lord. Each day when you wake up begin by having a conversation with the Lord (call it prayer if you want). Ask for His strength throughout your day. Then read something from His Word. Just read a little, but find there a memorable phrase or teaching and write it down or memorize it. Let it roll around in your mind for the day. And then consider in what way you can correct your life to align it with the teaching you have taken from the Word.