

SPIRITUAL TASK—ACKNOWLEDGING OUR MISTAKES (Matthew 5)

by the Rev. David Roth at the New Church of Boulder Valley

Story The Sermon on the Mount begins by the Lord outlining what the true blessings of our life are. Today we discussed the second one: “Blessed are those who mourn, for they shall be comforted.”

Meaning The second key to happiness is acknowledging when we make mistakes. When we do this it provides an opportunity for change to take place—for the blessings of the Lord to be received in us. Like the prodigal son, the father immediately responds to the son’s return with complete acceptance. This pictures the Lord’s love for us that is always there waiting for our return.

Task This week practice admitting your faults to another or the Lord when they arise. If you do something wrong say, “I am sorry, I made a mistake.” Don’t make excuses or blame others or situations but admit your blunder.