



## The Good Samaritan | Water or Band-Aid Relay

Get in the spirit of helping others through an active relay game. Choose whether to drink water or put on a band aid.

### Drink of Water Relay

#### Materials Needed

- table to put cups on
- pitcher
- small disposable cups
- water
- space to run a distance

#### Do Ahead of Time

Fill cups half full with water, making sure you have enough cups for the number of children in your group. Set up space for two groups of children to run from a starting line to the drink table safely—possibly outside, or in a longer hallway.

#### Playing the Game

Divide the class into teams. Players from each team take turns running from the starting line to the water table, drinking a small cup of water, and running back to the starting line. Once players reach the starting line, a team-mate starts running to the water table. Continue until all players have had a cup of water.

### Band-Aid Relay

#### Materials Needed

- enough Band-Aids for each child to have one (For extra fun, use children's Band-Aids with pictures on them!) *Note:* be aware that some are allergic to latex Band-Aids. Latex-free Band-Aids are available at most pharmacies.
- table to place Band-Aids on
- space to run a distance

#### Do Ahead of Time

Set up space for two groups of children to run from a starting line to the Band-Aid table safely—possibly outside, or in a longer hallway.

#### Playing the Game

Divide the class into teams. Players from each team take turns running from the starting line to the Band-Aid table, unwrapping and putting a Band-Aid on their arm or leg, and running back to the starting line. Once players reach the starting line, a team-mate starts running to the Band-Aid table. Continue until all players are wearing Band-Aids.