

Take Action: Find the Still Small Voice of Conscience

I Kings 19:1-18: Out of the Cave

Read the story of I Kings 19:1-18, and then act out the story using creative movement to suggest the forces of nature. A blindfolded student will play the part of Elijah and search for the “still small voice” above the noise. Follow the enactment with a discussion about the mental forces that are being described in this vivid story and the part they play in our daily lives.



Props suggested for this activity

- **Wind**—lightweight scarves, or a length of hollow tubing to swing around and make swishing sounds
- **Earthquake**—smooth stones to crack together, musical shakers, sticks or tambourines to create the sounds of rocks crashing
- **Fire**—crinkling paper, cans or plastic bags to create crackling sounds
- **Voices**—students may use their voices to make these sounds also

Activity

1. Read the story of Elijah from I Kings 19: 1-18 aloud with the students.
2. Talk about the four things that Elijah saw and heard on Mount Horeb; the wind, earthquake, fire and the still small voice.
3. Brainstorm ways in which you might act out these mighty forces of nature. Include each of the senses: sight, hearing, touch, smell, and taste.
4. Choose one student to be Elijah, and one student to be the still small voice.
5. For a large group, divide students into groups. One group will act out the wind, one the earthquake, and one the fire. For a small group, have all of the students act the story together; first the wind, then the earthquake, and then the fire.
6. Blindfold “Elijah” and turn him or her around so that the person loses his or her orientation in the room. The student who plays the still small voice will move in the room so that their location is unknown.
7. The students will now act out the forces of nature. Students may also use the sounds of their own voices to create noise.

Page 2 - Find the Still Small Voice of Conscience

8. While the forces of nature are making noise and moving around, the student playing the still small voice will quietly whisper, “Why are you here Elijah?” Elijah will try to find the still small voice over the sounds in the room.
9. Repeat activity if the students want to do it again.

Discussion

Elijah was walking on Mount Horeb, the Mountain of the Lord. The forces that Elijah saw and heard are things that we experience in our lives. Let’s look at what they are.

- **Wind**—the way we reason things out, justifying our actions.
 - **Earthquake**—earthquakes dramatically change the shape of the earth. Earthquakes in our own lives are times of great change, e.g. we start going to a new school, or completely change our perspective on something or somebody.
 - **Fire**—our passions, or the things that delight us.
 - **Still small voice**—the Lord speaks to us through our conscience, i.e. what is from the Word in our minds.
1. How do our thoughts, times of change or passions block our way to finding the Lord in our life?
 2. What did the Lord tell Elijah to do? (Read I Kings 19:15-18) The list is a series of tasks that were part of his job.
 3. What does the Lord ask us to do when we hear His voice?

