Learn by Doing



Choice Helping Others, Helping God

The parable of the sheep and goats delivers the message that helping others is helping God. *Helping Others, Helping God* is a video that shows how this is true, using the example of how the Lord fed 5000 people with only five loaves and two fish. Students from the Oak Arbor New Church (Michigan, USA) share their experiences of helping others and of being helped by others. Select discussion questions from the options below.

1. Describe a time when you did a small act of kindness for someone else.

   How did it make you feel?

   How do you think it made them feel?

   Did it seem like love multiplied?

2. Describe a time when you felt full of energy.

   Where does energy come from?

3. Describe a time when you felt really happy.

   Why do think that was?

   What did it have to do with feeling loved, or feeling loving or useful?

4. Describe a time when you felt like you had no energy.

   Why do you think that was?

5. What relationship might there be between feeling unhappy and feeling unloved, or *not* feeling loving or useful?

6. What makes the Lord feel “hungry”?

7. How does the Lord feel when people are loving to each other?

Video Online

Watch at https://www.newchurchvineyard.org/resource/video-helping-others-helps-god/

Materials Needed

Device for watching video.

New Church Concept
Food and Drink

“Food and drink” signify all things that nourish and sustain spiritual life, and these in general are knowledges of truth and good. Spiritual life needs nourishment and support just as much as natural life does; so it is said to be famished when a person is deprived of knowledges, or when they fail, or when they are unknown but are desired. *Apocalypse Explained* 386

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