## Learn by Doing



Birds have the unique ability to fly. Some birds stay on the ground, others fly in and out of treetops and still others, like eagles, soar high in the sky. Birds correspond to thoughts. Some thoughts are "ground level" thoughts—e.g. thoughts about doing daily chores. Other thoughts soar up and give us higher perspectives on our moral and spiritual choices, e.g. obeying the commandments.

Like the eagle's keen sight, the eyes of our spirit are guided by what we know and especially by what we love. Find out what you can see in a black and white illustration and then do a treasure hunt, using keen eyesight to spy for clues!

- 1. Have you ever watched birds? Have you ever eaten an outdoor picnic and seen birds hopping on the ground, begging for crumbs? Perhaps you've noticed birds hopping from branch to branch in the trees.
- 2. On hot days large birds sometimes fly around in circles high up in the sky. Some birds, like eagles, have amazing eyesight. They can see for miles around them. Their eyesight is so good that they can also spot tiny creatures on the ground!
- 3. Let's use keen "eagle eyes" to and see if we can spot any birds and fish in this picture. Show the *Keen Eyesight Clever Cup* (p. 2). (A silhouette of fish with open mouths is just under the bowl of the cup; bird heads are at the base of the stem.)
- 4. Now we are going to use our keen sight to go on a treasure hunt. Give the first clue.
- 5. Follow the treasure hunt. Go with the children and remind them to use their keen eyesight as they look for clues.
- 6. Enjoy the snack!

## **Materials Needed**

"treasure" snack to share, clues for finding the treasure (see next page for clue suggestions)

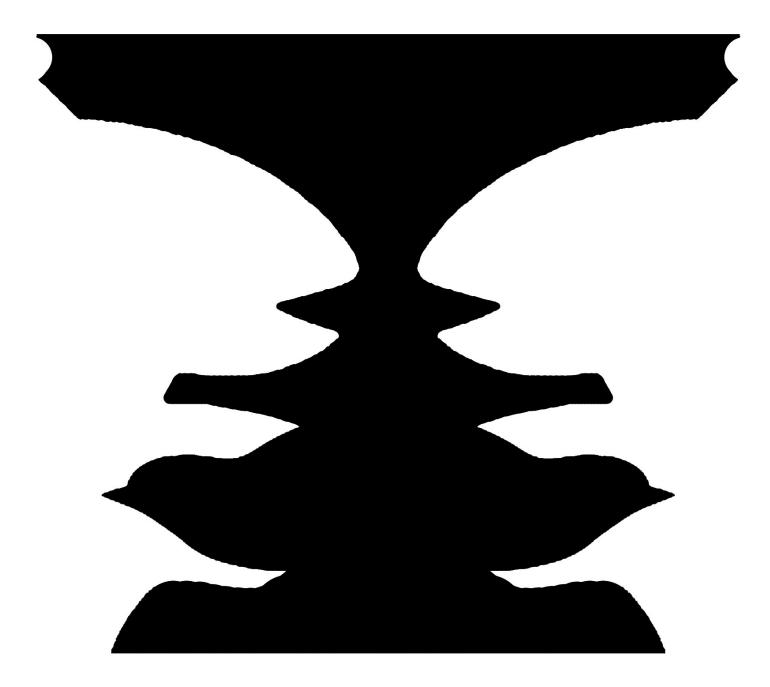
## Prepare in Advance

Prepare and hide "treasure" snack. If hiding outside, cover to protect from ants, etc.

## Hunt Instructions

Design a treasure hunt with 8-10 clues. Here are some ideas for setting up a fun hunt:

- Take a photo of each place you plan to hide a clue. Print small pictures. Hide a photo of the next clue in each location.
- Write clues on post-it notes. Clues may be written as riddles, objects that must be found, etc.
- Draw clues.
- Use natural materials, e.g. sticks and stones, to make tracking signs on the ground. Give children an interpretation code and let them read the signs!



Keen Eyesight Clever Cup