Take Action: Let's Share!

I Kings 21:1-20,29: Naboth's Vineyard



King Ahab wanted something that was not his. He wanted Naboth's vineyard. Ahab had no right to the vineyard by law—it was Naboth's inheritance.

All of us experience times when we want something that is not ours—perhaps some special food that belongs to another person, a toy another child is playing with, or someone's attention. This morning's activity focuses on ways to help young children handle situations like this, and to look for ways to help them think of others and share.

Supplies Needed for Activity

- single piece of desirable food, e.g. candy bar, banana, apple, sealed bag of candies (check for food allergies)
- plate and knife to cut up and share the food
- napkins and/or plates for each student
- a desirable toy to share
- kitchen timer
- printed stickers for children to wear (see attached sheet; print on standard 2"x 4" white stickers)

Let's Share! Three Sharing Activities

Share some Food

1. Sit in a circle with the children. Show them a beautiful whole piece of fruit, or candy bar, or a bag of candies. Offer it to the children, and ask who would like to have it? Talk about how juicy it looks or how tasty it will be! Encourage them to put their hands up if they would like it. (Hopefully more than one child will put their hand up to ask for it!)
2. Ask the children to come up with fair ways to distribute the food. Suggest silly ideas like: Do you think we should give it to the person who put their hand up first? What if I shut my eyes, and the person who is wearing something blue will get it? What if _____ takes a bite, and then passes it on to _____? What would be a good idea?

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3. Show the children that if we cut up the food, then everyone will get a piece! Cut up and share the food, or open the packet and share, etc. As the children are eating, point out how nice it is that everyone has some—now we all know how delicious it is!

Share a Toy

1. Show the children a desirable toy. Make it look attractive by talking about how soft it is to cuddle, or how it works, etc. Now ask the children who would like to have the toy! When the children ask for it, ask how we might be able to share it?
2. Solve the issue by setting a kitchen timer for a minute or less (depending on the size of the group) and letting each child have a turn with the toy. When the timer goes, they should willingly pass it to another person. While the toy is being passed around, encourage the children to talk about other ways they might share something, or how Ahab did not share. He took something precious from someone else.

Share a Conversation

1. Think about a question that everyone will want to answer—perhaps it will be what each child wants for Christmas or their birthday, or who would like to talk about their best friend, or favorite vacation. Small children often have difficulty waiting to share something that is very exciting to them.
2. Assure the children that you want everyone to have a chance to talk. Announce that in order for everyone to have a turn, we will use some simple rules.
    - Do not shout out
    - Put your hand up when you are ready to talk
    - Listen when someone else is having their turn
    - No interrupting

    Be sure to enforce the rules as everyone has their turn speaking.

Wrap-up

Praise the children for doing a good job sharing! Give each child an "Ask Me About Sharing" sticker to wear on their clothing.



















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