



Moses' Hands | Up and Down Game (Red Light Green Light)

Experience the impact of Moses raising and lowering his rod and his arms by playing a game.

Directions

1. Find a location where there is plenty of space to run—e.g. outside, in a large hallway, or room.
2. Choose one student to be “Moses.” Moses goes to one end of the space. All others should go to the opposite end of the space, at least 20 feet (6m) away.
3. Moses turns to face the wall. When Moses raises his hands, all others move towards him. When Moses lowers his hands and turns to face the others, they instantly stop moving.
4. If Moses sees a player moving, the player must return to the starting line.
5. Play until one student reaches Moses and taps him on the back. That student now takes the role of Moses and play begins again.