

Notice the Angels

by Donnette Alfelt

Angels are sent to watch over us, to lead us away from evil and to inspire us with good (Emanuel Swedenborg).

Angels were with you when you were born. They will be close by when you die, and every moment in between. You arrived in this world surrounded by heavenly angels that deeply touched those who welcomed and loved you. Though they never leave us, for most of our lives, angels with us are not very conspicuous. They do not force themselves on us or want recognition. They are messengers from the Lord Himself who feel joy when they can touch and serve us. Life is better when we take time to notice and thank them.

Notice the Angels

- ...who surround babies.
- ...who touch you through the wonders and beauty of nature.
- ...who help you see the good qualities in others.
- ...who move you to compassion.
- ...who inspire you with good ideas.
- ...who touch you through inspiring music.
- ...who give you the strength to keep going.
- ...who inspire kindness.
- ...who work through your conscience.
- ...who are with you during crises.
- ...who give you hope and never give up on you.
- ...who bring you joy when you use your God given talents.
- ...who suggest loving things you might do for others.
- ...who have a part in daily coincidences.
- ...who grieve with you in times of sorrow.
- ...who give you a taste of heavenly joy when you are unselfishly useful.
- ...who are in genuine loving smiles.
- ...who give you the courage to admit when you are wrong.
- ...who are there to lift you up.
- ...who long to lead you, but let you choose whether to follow.
- ...who whisper while others shout.
- ...who lead you to God.

This activity can also be found in a lesson on "Angels and Spirits with Us" by Sarah B. Odhner. It was originally published in *From the Top of the Yardstick* by Donnette Alfelt © 2006 used by permission.