## **Protected by a Golden Heart**

There is a story for children about a golden heart which is given to those who are good, to protect them from evil spirits who wish them harm. The truths of the Word can give us spiritual protection from evil when we look to the Lord instead of trusting in ourselves. Reflect on truths in the Old and New Testaments that could help you be strong in times of difficulty. Write one or more on the heart below to help you remember that the Lord and His angels are always with you.

The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid? (Psalm 27:1)