

# Learn by Doing

## Rain from Heaven

Demonstrate the idea of waters below the firmament (or expanse or sky) and waters above with a basin of water and a sponge. Follow by reciting a rhyme about how truths from the Word are like rain from heaven coming into our minds.

1. Ask the children, “Where did the Lord divide the waters?” (below and above the firmament or sky) This bowl of water is like the ocean, which is one of the waters below.
2. Dip the sponge in the water and hold it up above the basin. This sponge is a little bit like a cloud that holds the waters above.
3. Squeeze the sponge lightly so it “rains” into the basin. This is like the rain coming from up above, down to the waters below. Give each child a chance to make it “rain”.
4. Introduce the idea of water being like truths. Ask how water helps us and how true ideas help us.
5. Recite the following poem and model the actions one line at a time.  
Invite the children to repeat each line after you and mimic the actions.

### Rain From Heaven

The Lord divided the waters just so.  
He made waters above and waters below.  
Rain comes from above to make all things grow.  
It washes me clean, from my head to my toe!

Truths from the Word come down like soft rain,  
Come into my mind, go to heaven again.  
They make my thoughts clean, help me do as I should.  
Thank you, Father in heaven, for teaching what’s good.

*Hold arms straight out together, then move apart.,  
Put one arm up high and the other down low.  
Make rain gesture\*; spread fingers and move hands up.  
Wash arms with opposite hands; touch head; touch toes.*

*Hold hands out together like a book; make rain gesture\*.  
Touch head with both hands; hold arms up to sky.  
Wash head with hands; put hand over heart & nod.  
Fold hands together; look up and hug yourself.*

### Video Demonstration

View demonstration  
at [https://  
www.newchurchvineyard.org/resource/  
video-rain-from-  
heaven-rhyme/](https://www.newchurchvineyard.org/resource/video-rain-from-heaven-rhyme/)

### Materials

sponge; basin, tub or large  
bowl of water

### Prepare in Advance

Fill your basin, tub or bowl  
1/2 full with water.

*\*Rain Gesture: Put arms up and move down slowly, wiggling fingers.*