Reflecting on the Psalms

The Lord is speaking to us in the Psalms. David wrote many of the Psalms and testified that "The Spirit of the Lord spoke by me, and his word was on my tongue" (2 Sam. 23:2). The Psalms help us look to the Lord as we learn how to walk in His ways.

When the Lord was on earth, He read the Psalms and quoted them. Matthew 27:46 tells us that the Lord quoted Psalm 22:1 when He was on the cross. The Lord also told His disciples that what was written in the law of Moses, in the prophets, and in the psalms concerning Him must be fulfilled (see Luke 24:44). When the Lord read the Psalms, He was reading prophecies with an inner meaning about His own life on earth (see *Doctrine of the Lord* 44).

Quotations from the Psalms

The following selections are quotations from Psalms that are attributed to David. Some of them are from psalms praising the Lord, giving thanks for His many blessings. Others are looking to the Lord for help as we work on our spiritual growth, fighting against evil tendencies.

As you read through these, put a **P** for **Praise** in front of quotations that praise the Lord and an **H** for **Help** looking to the Lord as our Savior. Put a ***** (**Star**) by the ones you might want to use in your prayers to the Lord.

1. ___ "Salvation belongs to Jehovah!" (Psalm 3:8).

2. ___ "I will both lie down in peace, and sleep; for You alone, Jehovah, make me dwell in safety" (Psalm 4:8).

3. ___ "My voice You shall hear in the morning, O Lord; in the morning I will direct it to You, and I will look up" (Psalm 5:3).

4. ___ "O Lord my God, in You I put my trust; save me from all those who persecute me; and deliver me" (Psalm 7:1).

5. ___ "When I consider Your heavens, the work of Your fingers, the moon and the stars which You have ordained, what is man that You are mindful of him, and the son of man that You visit him?" (Psalm 8:3-4).

6. ___ "Preserve me, O God, for in You I put my trust. O my soul, you have said to the Lord, You are my Lord, my goodness is nothing apart from You" (Psalm 16:1-2).

7. ___ "Keep me as the apple of Your eye; hide me under the shadow of Your wings, from the wicked who oppress me, from my deadly enemies who surround me" (Psalm 17:8-9).

8. ___ "Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my strength and my redeemer" (Psalm 19:14).

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9. ___ "Show me Your ways, O Lord; teach me Your paths. Lead me in Your truth and teach me, for You are the God of My salvation; on You I wait all the day" (Psalm 25:4-5).

10. ___ "The humble He guides in justice, and the humble He teaches His way. All the paths of the Lord are mercy and truth, to such as keep His covenant and His testimonies" (Psalm 25:9-10).

11. ___ "Wait on the Lord; be of good courage, and He shall strengthen your heart; wait, I say, on the Lord!" (Psalm 27:14).

12. ___ "The Lord is my strength and my shield; my heart trusted in Him, and I am helped; therefore my heart greatly rejoices, and with my song I will praise Him" (Psalm 28:7).

13. ___ "Give unto the Lord the glory due to His name; worship the Lord in the beauty of holiness" (Psalm 29:2).

14. ___ "The Lord will give strength to His people; the Lord will bless His people with peace" (Psalm 29:11).

15. ___ "Be of good courage, and He shall strengthen your heart, all you who hope in the Lord" (Psalm 31:24).

16. ___ "Let Your loving kindness and Your truth continually preserve me" (Psalm 40:11).

17. ___ "As for me, I will call upon God, and the Lord shall save me" (Psalm 55:16).

18. ___ "It is good to give thanks to the Lord, and to sing praises to Your name, O Most High; to declare Your lovingkindness in the morning, and your faithfulness every night" (Psalm 92:1-2).

19. ___ "Though I walk in the midst of trouble, You will revive me. You will stretch out Your hand against the wrath of my enemies, and Your right hand will save me" (Psalm 138:7).

20. ___ "Search me, O God, and know my heart. Try me, and know my anxieties; and see if there is any wicked way in me, and lead me in the way everlasting" (Psalm 139:23-24).

21. ___ "When my spirit was overwhelmed within me, then You knew my path. In the way in which I walk they have secretly set a snare for me" (Psalm 142:3).

22. ___ "The Lord is near to all who call upon Him, to all who call upon Him in truth" (Psalm 145:18).