

Signs That You're Being Reborn

Overview

Watch a video about signs that you're being reborn and discuss the ideas it presents.

Prepare to Teach

Familiarize yourself with the video by watching it. Read through the discussion questions.

Materials Needed

Equipment for showing videos. Set up internet access and a screen ahead of time. Decide whether to have students gather around a small device or to use a TV or projector. Do a trial run so that you know everything will work when the time comes.

Directions

Introduce the lesson by discussing the following questions with the students:

Spiritual rebirth or regeneration is the process for becoming an angel, a new and better person than before, through your choices over a lifetime. Do you think there are any ways you can tell if you are actually making progress in being reborn or even just growing spiritually?

Show <https://www.youtube.com/watch?v=-U8cSi4MPHw>

or go to YouTube.com and type in "Off the Left Eye Signs that You're Being Reborn." The video is fairly long. You will only get through part of it.

Point out that while the video says that the ideas are Swedenborg's, Swedenborg says that the ideas are not his but that everything he wrote down came from the Lord while he read the Word.

Discuss "Signs that You're Being Reborn"

1. Do you think that if you are growing spiritually, then that will make you happy and joyful emotionally during your life on earth?
2. How might spiritual growth be like physical growth?
3. So why does it say that the way the earth with its seasons goes back and forth between cold and heat is actually a symbol of what it's like to experience spiritual growth?
4. Why can't regeneration or spiritual growth just be an experience of more and more faith and charity without having any times when you go through a cold time when you aren't open to faith and charity?
5. Why would the Word describe a good state of life by using the symbol of heat and a bad state by using the symbol of cold? And why would it say that heat and cold particularly describe your faith (ability to see truth) and your charity (ability to love others)?