



The Bitter Waters of Marah | Make Lemon Juice

Make bitter water turn into sweet water. Throw a popsicle stick into bitter lemon juice to remember how Moses threw a piece of wood into the bitter water at Marah.

Materials Needed

- lemons
- small paper cups
- pitcher of water
- popsicle sticks
- sugar
- knife (to cut lemons in half)
- cutting board

Directions

1. Give each student a cup. Pour water into each cup.
2. Slice the lemons in half. Give each student half a lemon. Invite students to squeeze juice from the lemon into their cups. Remind the children that the children of Israel walked for three days without finding any water.
3. Take a taste of the “bitter water.” Remind the children that when the children of Israel at last found water it was bitter. Discuss the bitter lemon taste.
4. Sprinkle some sugar into each child’s cup—if possible, without the children seeing.
5. Hand out the popsicle sticks. Invite the children to “throw in” the popsicle stick and stir the water—just as Moses threw a stick into the water. Taste the water again.
6. The Lord cares for us just as He cared for the children of Israel.