Learn by Doing

Choice

The Tree That's Me

Cut out and color paper fruits and attach to popsicle sticks or stiff cardboard handles. Learn a song about fruitful qualities we need to invite into our spirits so we can serve our friends and the Lord in the most fruitful way possible. These qualities are called "fruits of the spirit" (see Galatians 5:22 -23, *True Christian Religion* 571).

1. How is a plant "fruitful"? (It grows food for people and animals to eat.)
2. What is your favorite kind of fruit?
3. The Lord has created many kinds of fruits for us. I have four kinds of fruit here: apples, oranges, pears and peaches. Show the children p. 8. I would like you to choose two of these fruits to decorate.
4. Color the fruits with crayons. When finished, tape a popsicle stick to the back of each fruit to use as a handle.
5. Now let's hold our fruits in our hands and put our arms out to the sides and stand tall like a tree. Can you feel the warm sun shining? It will help the fruit ripen. Here comes a breeze. Let's make our arms wiggle about in the wind!
6. Now we are going to learn a song about the kind of tree we want to be.

The Tree That's Me!

(sing to the tune of *Twinkle, Twinkle, Little Star*)

Gentle, joyful, patient, kind,
God's great goodness in my mind.
Faith and love and self-control,
Give me peace within my soul.
Please God make the tree that's me,
Kind and loving as can be.

Stand like trees and sing the song again.



Materials for Each Child

two *Fruit Shapes* from p. 2 printed on heavy paper, two popsicle sticks, scissors, crayons or markers, tape

Prepare in Advance

Print enough fruit shapes for children to have choices. Students will need 2 shapes each. Separate fruit shapes. For a young group, cut around the shapes.

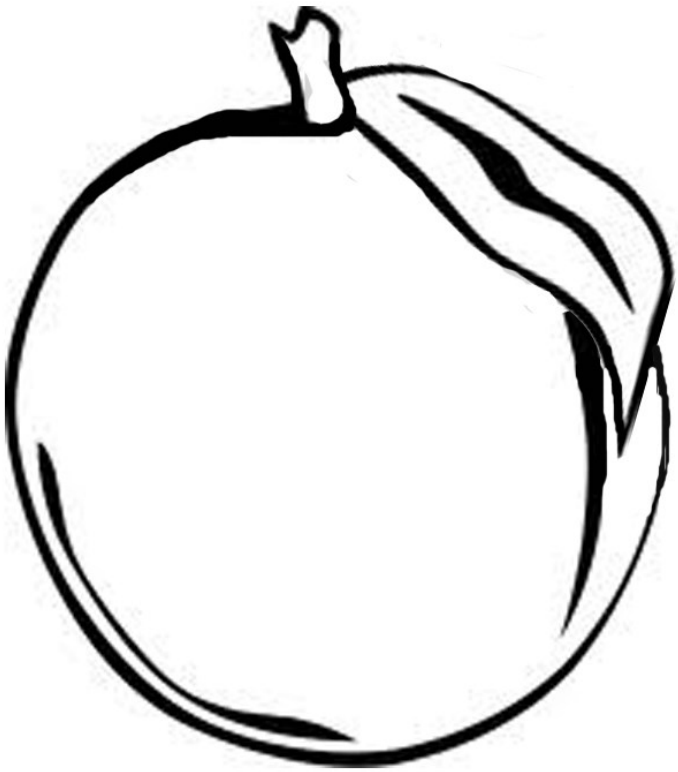
Video

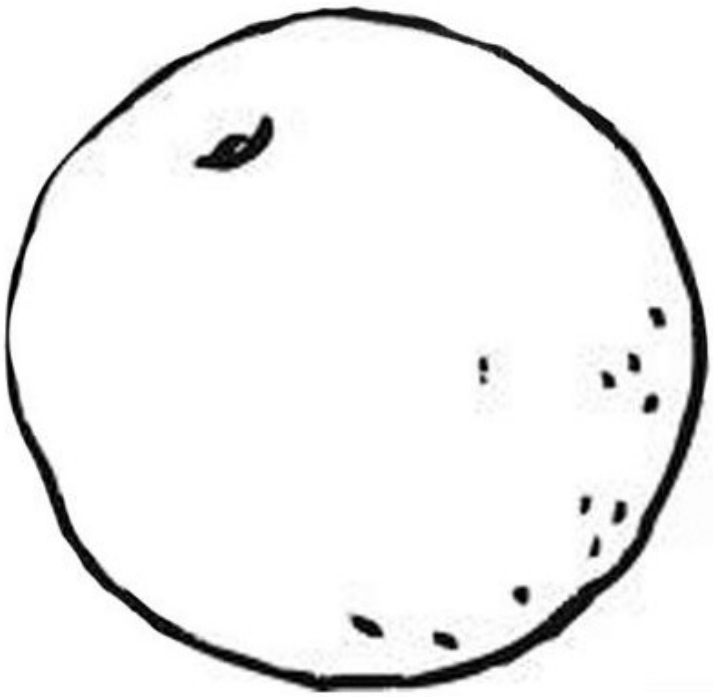
Song video online at https://www.newchurchvineyard.org/resource/video-the-tree-thats-me-song/

© 2022 General Church of the New Jerusalem









Fruit Shapes