

SPIRITUAL TASK —BASIC ASSUMPTIONS (Luke 13)

by the Rev. David Roth at the New Church of Boulder Valley

Story In the 13th chapter of Luke Jesus addresses several of the false religious assumptions we may be holding onto: salvation is by faith alone, you don't have to really live your religion, only Christians get into heaven, you have to be perfect, life will never really get better, church is for perfect people, etc.

Meaning Life change will really only happen for us when we do the work of religious life: rooting out false assumptions, repentance, good works, helping others, making any effort—no matter how small, loving others even if they are different than you, etc. If we do these things, in time, we will feel change in all areas of our life.

Task This week you get easy task A or challenging task B. Task A: Find a truth that you have a positive feeling for and make an attempt to live it (mustard seed). Task B: Find someone you don't agree with and hear them out about their beliefs with an open mind. Then find a way that you can do something kind and useful for them without a plan for what you will get from it.