

## **SPIRITUAL TASK —BE MADE CLEAN** (Mark 1)

*by the Rev. Martie Johnson*

**Story** The leper says to Jesus "If you are willing, you can make me clean." Then Jesus who was moved with compassion responds "I am willing, be clean."

**Meaning** This scripture has us look at ourselves from the inside out. What we are as people rests in our heart and the motivation that flows from it. This is what the Lord sees in at all times and this is what He loves about us, no matter how we might find ourselves. He loves us and He is moved by every living being. It is our love that He seeks as a way of being with us in lives and this can be manifest in deeds in our own lives when we act from His love for others.

**Task** This week try making your insides match your outside. In the things that you do for others and in the world, find a way to be true to yourself and have the actions you take be as consistent with your being as possible. Try and be as honest with yourself as you can and then carry out the thing that goes with it deed. Whatever amount of love and faith that is, let it be heard and seen in you. Try being transparent about what you believe.