

## **SPIRITUAL TASK —BURY THE DEAD** (Matthew 8)

*by the Rev. Grant Schnarr*

**Story** “Then another of His disciples said to Him, “Lord, let me first go and bury my father.” But Jesus said to him, “Follow Me, and let the dead bury their own dead.”

**Meaning** “Let the dead bury their dead” means we can get caught up in our own problems or hereditary tendencies so much that we are too busy to help people or to truly love them.

**Task** This week take time to reflect on your life. Is there an issue that you have been unconsciously refusing to let go of? Prepare yourself in some way to give it over to the Lord. Ask yourself “What is the payoff in holding on to this?” Why am I afraid to let go?” Ask the Lord for help in letting go. And then, let go.