SPIRITUAL TASK — DAVID AND GOLIATH (1 Sam. 17)

by the Rev. David Roth at the New Church of Boulder Valley

Story Goliath, the champion of the Philistine army, held the army of Israel at bay with his threats, taunts, and his size. However, the shepherd boy David fearlessly went out and fought and killed the giant Goliath with a sling, five smooth stones, and trust in the Lord, declaring, "The battle is the Lord's."

Meaning The giant Goliath (conceit of self intelligence and unhealthy self love) is easily defeated by a living trust in the Lord which comes from going to the Lord's Word (the brook), drawing out truths (stones) and trying them out in our lives (smoothness) and storing them up in our memory (storing them in the shepherd's bag), and then drawing them out and using them when the situation warrants it.

Task This week get a piece of paper and write the numbers 1 - 5 on it. Then write down five simple truths that you believe, and wish to live by, or perhaps do live by. Paste this list on your fridge, desk, rear-view mirror, or wherever you will see it every day. Having it in view every day will help equip you for when the giants rise up—you will have your weapons.