

Meditate & Activate

Thinking or meditating about a passage from God's Word and finding opportunities to put it into action can be a powerful experience. Keep this card intact or cut out the illustrated quotation to use as a bookmark or put up somewhere in your home.

Meditate: We cannot make ourselves love doing the Lord's will. But if we consistently choose to turn away from things that are against His law, the Lord will bring us increasing joy in following His path.

Activate: Today, notice an idea or desire flowing into your mind which is "ungodly"—that is, against God's will. It might be a feeling of anger, a thought about cheating, or a sense of envy. Consciously choose not to act on this desire or idea; send it away by saying "no" to it in your mind.



Blessed is the man who walks not
in the counsel of the ungodly...
But his delight is in the
law of the Lord....

Psalms 1:1-2

To make a stronger bookmark, print this page on heavy paper or cardstock, cut in half and give half to each student.

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