

Joseph dreamed a dream...

Cut out the shaded doorhanger. Fold it in half and hang it over a door handle to help remind you to listen to your dreams this week.

You are what you dream

“Everything that brings us delight, satisfaction and happiness comes from our ruling love and relates to it.” *True Christian Religion* 399

We were all born with a unique set of desires, talents and interests. The choices we make everyday begin to form a picture of who we are and what we love at our very core, which Swedenborg refers to as our “ruling love.”

Everything we care about revolves around this ruling love in some way. For this reason, reflecting on our “dreams” can give us valuable insight as to who we truly are.

Listen to your dreams

It would be wonderful if I...

Write down as many answers as you can to finish this sentence. Keep writing until you find some things that really move you. Circle those.

I care about this because...

Look at the dreams you circled. Why are you passionate about these ones? What would your life be like if these dreams became real?

Let me tell you about my dream...

There is power in speaking your dreams aloud. Let others know what you hope for, and why these dreams are significant to you.

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