



Examine an Orange

The Word is like fruit within which there is nutritious pulp, and in the middle of it seed vessels, in which inmosty a Divine man; the literal sense is as it were his body, but the internal sense is as it were his soul (Arcana Coelestia 8943).

What do you see when you look at an orange?

First you see the peel which is like the sense of the letter of the Word.

Beneath the peel is an opaque covering.

When you remove this covering, you can see the orange sections full of nutritious pulp.

When you take the sections apart, the covering is translucent. You can almost see inside.

But when you break open an orange section, you can really see the little sacks of pulp and juice.

And you discover the seeds.

For Reflection

To see inside the Word, we must open it and read it and think about its meaning. For children, it is sufficient to think about its application to their lives. Teenagers and adults can think about the spiritual meaning, reaching for the meaning the angels see in the Word. How can we explore the Lord's Word in ways that allow us to take in the "nutritious pulp" of His teachings and plant spiritual seeds in our lives?