



Finding Prayers in the Psalms

The book of Psalms is a rich source of prayers. Look in the Psalms to find one prayer that praises or thanks the Lord and one prayer that asks the Lord for help.

Tip: You may find that you want to use several verses in a psalm for your prayer, but not all of them. Just make a note of which verses you included when you give the references for your prayer.

Write these prayers in the boxes shown below. Or write them on another page (in your best handwriting, printing, or using a computer) and then add a border to them.

A Prayer Praising or Thanking the Lord

A Prayer Asking the Lord for Help