

SPIRITUAL TASK — FOLLOW GOD OR BAAL (1 Kings 18)

by the Rev. David Roth at the New Church of Boulder Valley

Story And Elijah came to all the people, and said, "How long will you limp between two opinions? If the LORD is God, follow Him; but if Baal, follow him." But the people answered him not a word....

Meaning We all have a choice to make in this life: Will we follow God or will we follow ourselves? The Word uses the story of Elijah vs. the prophets of Baal to present this question to our minds and hearts. The Lord wants to make it clear that we can follow self but we won't ever feel satisfied, and when we choose to follow the Lord we will find satisfaction in our life, relationships, occupation, *etc.*

Task This week observe yourself going about your daily and routine. Stop and ask yourself, "Who am I serving by doing this?" See how you answer that question throughout your day. If you feel that your motives for doing things tend to be centered only around yourself think about a change in routine.