

SPIRITUAL TASK—FOOD FOR THE SOUL (Genesis 42, 44, 45)

by the Rev. David Roth at the New Church of Boulder Valley

Story There is a famine in Canaan. Joseph's brothers go to Egypt to buy grain. They don't recognize Joseph, he treats them harshly. They are imprisoned for 3 days. Joseph keeps Simeon in jail and the rest go back home. They are told they cannot come back unless Benjamin is with them. Their money is returned to them in their grain sacks. They bring Benjamin next time and Simeon is freed from jail, they are reunited with Joseph and they are invited to move all their family into Egypt to be guaranteed food during the famine.

Meaning Without Benjamin there can be no relationship with Joseph. This means that without the love for the truth, the desire to make it our way of life, and the making it so, we can have no living relationship with the Lord.

Task This week take time to learn something true. As you go to do it, take along with you an attitude that says: "I love to learn the truth. It feeds me in a way nothing else does. I will find ways to make what I learn today part of my spiritual practice." Love it, learn it, live it.