## Food for Thought

## **TRUSTING IN THE LORD**

## From Arcana Coelestia 8478:3,4 we learn:

Those who trust in the Divine:

are concerned about the morrow, but not anxious or worried. remain even-tempered whether or not they realize desires. do not grieve over loss. are content with their lot.

They know that for those who trust in the Divine all things are moving towards an everlasting state of happiness, and that no matter what happens at any time to them, it contributes to that state.

Divine Providence is universal and in the smallest things.

They who are in the stream of Providence are all the time carried along toward everything that is happy, whatever may be the appearance of the means. Those are in the stream of Providence who put their trust in the Divine and attribute all things to Him.

Those are not in the stream of Providence who trust in themselves alone and attribute all things to themselves, because they are in the opposite. They take away providence from the Divine, and claim it for themselves.

Be it known also that insofar as anyone is in the stream of Providence, so far he is in a state of peace.

## True and False Questions for Discussion:

- 1. People who trust in the Lord are concerned about the future.
- 2. Those who trust in the Lord are contented because they know that the Lord is leading them toward eternal happiness.
- 3. People who trust in the Lord never experience unhappiness.
- 4. People who trust in the Lord still worry at times and may be anxious about the future.
- 5. Those who trust in the Lord *and* attribute all things to Him are in the stream of Providence.
- 6. People who trust only in themselves also attribute all things to themselves.
- 7. Those who trust the Lord *and* attribute all to Him are in a state of peace.
- 8. You can trust in the Lord even if you don't attribute all good and truth to Him.
- 9. Angels never worry about the future.
- 10. Providence is compared to a stream because the "current" of life carries us toward heaven no matter what we do.
- 11. It is easy to quiet our worries and concerns for the future.