

SPIRITUAL TASK —GET IN THE BOAT AND GO (Matthew 14)

by the Rev. David Roth at the New Church of Boulder Valley

Story Jesus commanded the disciples to get in the boat and go to the other side of the lake. The Lord went up on the mountain by Himself to pray. The wind and waves tossed the boat all night. The Lord came to the boat walking on water. They were afraid, but He said, “Do not be afraid.” Peter walked on the water, and became afraid and began to sink. The Lord lifted him up and they came into the boat. The wind and waves ceased. The disciples worshiped Him as the Son of God.

Meaning The message is simple: we must try to live by what we know to be true (get in the boat). We will experience trial and doubt. The Lord will be with us sustaining us and can draw near as we keep faithful to the task. The Lord can become fully present in our life when we let go and let Him lead us.

Task This week practice giving up an area of control in your life. 1) In prayer ask the Lord to be with you in this effort. 2) Choose something or someone or an area of responsibility which you like to command and feel you need to manage and give it to someone else who could do it (yes, others can do it too). 3) Back off and trust in them and the process. 4) Thank the Lord for His strength in helping you to let go.