

Giving from a Small Store

In the story from I Kings 17:8-16, the widow from Zaraphath made a cake for Elijah from her small store of oil and flour, before she fed herself and her son. She was willing to serve the prophet of the Lord first. And then the miracle happened! Her oil and flour did not run out and her household was able to eat from them until the famine ended.

Has there been a time in your life when, due to physical or emotional exhaustion or some other cause, you felt as if you did not have enough to give to someone else? It seemed as if there was not enough time, or energy or love for another person's needs? What did you do? If you gave anyway, out of your small store, what happened? How did you feel? What are some ways you could replenish yourself, refill your stores in times of spiritual or emotional famine, in order to be able to serve others?