

## **SPIRITUAL TASK — HOW HAS THE LORD CHANGED YOUR LIFE?**

### **A Task for the New Year**

*by the Rev. David Roth at the New Church of Boulder Valley*

The birth of the Lord on earth was, and continues to be, the defining point in the history of humanity. By coming on earth the Lord was able to remove hell from us and restore our freedom to choose—without which we as a species were on our way out. He also glorified His Human, that is, He united the Human with the Divine within Him, which made it possible for Him to be present with us for all time in the Word. Whenever we turn to the pages of His Word we will find Him there speaking to us and leading us.

This week make an effort to appreciate the presence of the Lord in your life. Take some time out to look at your life. Ask yourself where you were on your spiritual journey a year ago and where you are today. Look for the ways in which the Lord has impacted your life over the last year—where His presence has made a perceptible difference. Offer thanks to the Lord for the changes He has made in your life.