

## I Trust the Lord...

When the Lord is with someone He leads them and makes provision so that all that happens, whether sad or joyful, may bring the person to what is good (see *Arcana Coelestia* 6303).

1. The Lord loves us and wants us to be happy now, but He cares most about our *eternal* happiness. He works to use everything that happens in our lives to help lead us to heaven if we are willing to trust and follow Him.

We often think of trust as a feeling, but it is also a choice—a decision. We make a decision about whether or not to trust another person based on all kinds of things. What are a few of the reasons that lead you to decide to trust someone?

2. We can make a decision to trust in the Lord as well. It's OK if we don't always feel sure about our trust. If we keep trying, the Lord will help us.

Write down one or two things that you trust the Lord to do for you. For example, "I trust that the Lord is leading me to heaven," or "I trust that the Lord loves me."

