

JOY OF THE HEART

Palms symbolize spiritual good or the good of truth, and all joy of the heart is from spiritual good (see *Apocalypse Explained* 458:5).

Truth becomes good when we live according to it.

Make a special palm branch with truths written on it. Or use the branch provided below. These should be truths that you know and use in your life, for these are the truths that bring us joy.

To adapt this project for use with a family or class, have each person write a truth that brings joy on a green strip of paper, then staple it to a longer strip of paper or cardboard so that it suggests a palm branch.

