

SPIRITUAL TASK —JUDGE NOT (Luke 6)

by the Rev. David Roth at the New Church of Boulder Valley

Story “Judge not, and you shall not be judged. Condemn not, and you shall not be condemned. Forgive, and you will be forgiven. Give, and it will be given to you.... For with the same measure that you use, it will be measured back to you.”

Meaning The Lord teaches us that we are to make certain types of judgments ones that have to do with civil and moral issues. And made it clear that we are not to make any kind of spiritual judgment. We can never know the spiritual states of any one. When we judge others we really end up making a judgment on ourselves what we put out there is what we get back.

Task This week if you notice yourself forming an opinion about something or someone, stop and ask yourself these three questions: 1) How much do I really know about this person, this situation, or this thing? 2) Of these things that I know, how much of it is the TRUTH? 3) What is the point or usefulness of me forming this opinion right now?