

“Let Your Light Shine”

Good makes every truth like a little star, in the midst of which there is a luminosity.
(*Arcana Coelestia* 5912:2)

*This activity affirms what is good in those you love.
What qualities or actions shine like stars?*

During the weeks leading up to Christmas, try to notice true and good things from the Lord in others. What do you appreciate about a member of your family? How does the Lord touch your life through that person? Using a star with his or her name on it, write down what you appreciate. Put these in a special container.

(Note: Although this is written as a family activity but it could be adapted for a classroom, youth group, *etc.*)

To make the stars:

- 1) Use star templates (see below) to trace stars onto yellow or white tag board or card stock.
- 2) Cut out the stars.
- 3) Put the names of each person in the family on several stars.

Writing affirmations on the stars:

You may want to facilitate this process by focusing on the stars each day—perhaps right after dinner or at bedtime. Parents will want to make sure that everyone ends up with same number of stars. One way might be to have everyone make a star for every member of the family. Another option is for everyone in the family to draw a name each week and make a star for that person.

Variation: Rather than hang the stars on the tree, open the container and read these aloud after dinner or during family worship.

Star Templates

