

- Write the opposites of each angelic quality on separate index cards and attach them to the tops of steps so that you can read them as you walk down the stairs.
- From the bottom of the stairway looking up, all you can see (read) are the heavenly qualities.
- From the top looking down, all you can see are the hellish qualities.

Some Suggestions for Angelic Qualities and Their Opposites:

Appreciation	Complaining
Helping	Hurting
Kind words for others	Criticism
Love	Hate
Thinking about the Lord	Thinking only about oneself
Gracious	"Prickly"
Cheerful	Grouchy
Kindness	Meanness
Usefulness	Laziness
Courage	Fear
Forgiveness	Blame
Obeying parents	Disobeying parents
Honesty	Telling lies
Being happy for others	Jealousy
Sharing	Stealing

