



MAKE A JOYFUL NOISE UNTO THE LORD!

Joy is defined as delight, happiness, great gladness, and the expression of these feelings. Music is a wonderful expression of joy, as is dance. You might want to sing an Easter hymn, listen to music, or dance for joy.

Here are some specific ideas you might want to try.

Sing

"Joy Comes in the Morning" by John and Lori Odhner or another joyful song

"When Very Early in the Dawn"

"Morn of Joy and Morn of Praise" by the Rev. Frank Sewall

Listen to

"Jesu, Joy of Man's Desiring" by J. S. Bach

"Ode to Joy" by Ludwig Van Beethoven

"Morning Has Broken"

"Morning Moods" from Edvard Grieg's Peer Gynt Suite

How does this music make you feel?

Dance with Joy

Play some cheerful, "morning" music and let your children dance for joy!
(You might even want to dance with them.)