

## **SPIRITUAL TASK — NATURE TEACHES** (AC 3483)

*by the Rev. David Roth at the New Church of Boulder Valley*

**Story** The visible universe is nothing else than a theater representative of the Lord's kingdom; and that this kingdom is a theater representative of the Lord Himself. (*Arcana Coelestia* 3483)

**Meaning** The Lord uses the natural creation to teach us lessons about heaven, our own spiritual lives and Himself. Nature is not meant to be worshiped, but, understood in the right way, it is to be honored as a teacher of sacred wisdom.

**Task** This week attempt to open up your eyes, mind, and heart to lessons from the Lord's natural creation. Take time out to go on a walk, a hike, sit outside and observe the night sky, work in the soil planting a garden, etc. Pay attention to what you see and see what it teaches you about your spiritual life or the nature of the Lord and His kingdom.