



Night and Day

Faith alone is like the shade of night,
but faith and charity are like the light of day
because the good of love and charity is like flame
and the truth of faith is like the light from it.

(see *Arcana Coelestia* 9409:4)

This is a simple but effective process to help a group of people discuss receiving light (truth) and warmth (love) from the Lord and sharing these with others.

1. In a dark room, light one large candle. It symbolizes the Lord giving light and warmth.
2. Then let each member of the family or group light a candle from that first burning candle to symbolize receiving inspiration from the Lord to do kind things for others.
3. Now let each person light one or more candles around the room to symbolize sharing the flame of charity with our neighbors.
4. Observe that each candle burns just as brightly after sharing its flame and the light in the room increases. The Lord's love is infinite!