



Pass It On...

People sometimes want to repay someone who has helped them by doing something kind for them. Instead, they may be told to look for opportunities to help someone else, passing on the favor. If the people in a community make a habit of “passing it on” then it will eventually come “full circle” so that everyone experiences the joy of helping others.

Task: When a person does something nice for you, try to pass on the favor (a similar or different one) to someone else.

Discussion Idea: Has someone ever helped you and then suggested that you “pass it on” to another? Have you seen examples of this in books or movies?

Write a Story: Write a story about someone who needs help at some point in life and turns around to help others. Perhaps it is someone who is helped through at the time of a medical crisis and goes on to help others by becoming a physician. Or you could write about someone who is befriended far from home, and later this person has an opportunity to do the same thing for someone else.

Alternative Idea for a Story: If you prefer, you could write about someone who unexpectedly has an opportunity to help the original benefactor. Aesop’s fable about the lion and the mouse is a good example of this. The lion never expected the mouse to be able to help him but the mouse was able to free the lion from a net by chewing a hole in the ropes.