



Peace Is Like...

The Lord wants to give us times of spiritual rest or peace after times of spiritual struggle and growth. This is like the seventh day, the Sabbath day of rest following six days of labor (Exodus 20:8-9). This project may help you think about heavenly peace by comparing it to natural peace, as is described in *True Christian Religion* 304.

Peace is like...

- ◆ peace after war, when everyone is safe from enemies and safe in his own home.
- ◆ recreation of the mind and rest after severe labor.
- ◆ the joy of mothers who hold a precious gift from the Lord after the effort of childbirth.
- ◆ serenity after tempests, black clouds and thunders.
- ◆ spring after a terrible winter, new growth and blossoms in gardens, meadows, and woods.
- ◆ the state of mind experienced by those who, after storms and dangers on the sea, reach a port and set foot on land.

Directions for Book or Mural

1. Make a seven page accordion book or a seven-part mural that illustrates one of these examples given above.
2. Illustrate six pictures (one on each panel or page), showing different stages of the dangerous or stressful situation.
3. In the seventh picture or panel, show the happiness that comes when the danger is passed or the labor is over