

## Prayers for Adults

O Lord,  
Help me to feel the joy of another as joy in myself!  
For this truly is loving.  
Amen. (see *Divine Love and Wisdom* 47).

Lord, I know that in temptations,  
the hells fight against me as You fight for me,  
and that for every falsity the hells inject You give an answer  
so that I may resist them and be protected.  
Be with me always  
to sustain and protect me and lead me in Your ways.  
Amen. (see *Arcana Coelestia* 8159 & 8131)

Set a guard, O Lord, over my mouth;  
Keep watch over the door of my lips.  
Do not incline my heart to any evil thing....  
For my eyes are upon You, O Lord.  
Keep me from the snares of the workers of iniquity.  
For in You I take refuge.  
Amen. (see Psalm 141)

O Lord,  
Incline my heart to Your testimonies,  
And not to covetousness.  
Turn away my eyes from looking at worthless things,  
And revive me in Your way.  
Amen. (Psalm 119:36-37)