## Prayers for Teens on the Bread of Heaven

Lord, we pray you to rain down on us the Bread of Heaven, Your spiritual manna, so that we may eat the angels' food and be filled with Your life. Amen. (see Psalm 78:23-24)

Heavenly Father, You know our needs, what we will eat and drink and what we will put on. As You care for the birds of the air and for the lilies of the field, so You will care for us also. We trust in You and thank You for Your great love for all Your children. Amen.

Lord, You are the Bread of Life. Help me come to You so that I shall never hunger, and help Me believe in You so that I shall never thirst. Help me to labor not for the food that perishes, but for the food that endures to everlasting life. Amen. (see John 6:27,35)

Lord, we know that You will never fail us, and that when You feed Your people there is always more than enough. Help us to feel Your loving presence, to hear Your teachings, and to live as You wish us to so that we may be filled with Your goodness and find our eternal home with You. Amen.

