Learn by Doing

Choice A Hand for Helpers

Jesus touched many people. Among other things He used His hands to heal sickness and to wash the disciples’ feet. His hands were the means by which He blessed people. Hands represent putting loving thoughts for others into action through service (see *Arcana Coelestia* 10130). The Lord said, “I have given you an example,” and charges us to do as He did. Students will make posters to thank caregivers who use their hands to care for those who are sick or cannot take care of themselves.

1. If you are so sick that you need expert care, where can you go? (hospital, long-term care, etc.)
2. Who takes care of people there? (Care teams consist of people who have special skills, e.g. doctor, nurse, aid, chaplain, therapist or volun-teer.)
3. Caregivers often work long hours. They may work all night, all day from before it is light until after it is dark, during evenings, holidays and weekends.
4. We are going to make posters thanking caregivers for all that they do. The posters will be put on display at _____.
5. Give each child *A Hand for Helpers Poster* (p. 2) and *A Hand for Helpers Text* (p. 3) and decorating supplies.
6. Start by having children place one of their hands over the poster and draw around it in pencil with the other hand. When they are happy with the pencil line, go over it with a heavier marker or crayon.
7. Color in the poster. Encourage the children to do a beautiful job for those who will be receiving them.
8. Choose a poster text. Color the text, cut out and glue along the top and bottom of the poster.
9. When the posters are finished, display in the classroom or share with the congregation after church. Let people know where they will go.



10. Take down the posters and send or take them to the care facility.

Materials Needed for Each Student

A Hand for Helpers Poster p. 2, *A Hand for Helpers Text* p. 3, markers, scissors, pencils *optional*: fancy decorating supplies such as gold pens, sequins, stickers, feathers

Prepare in Advance

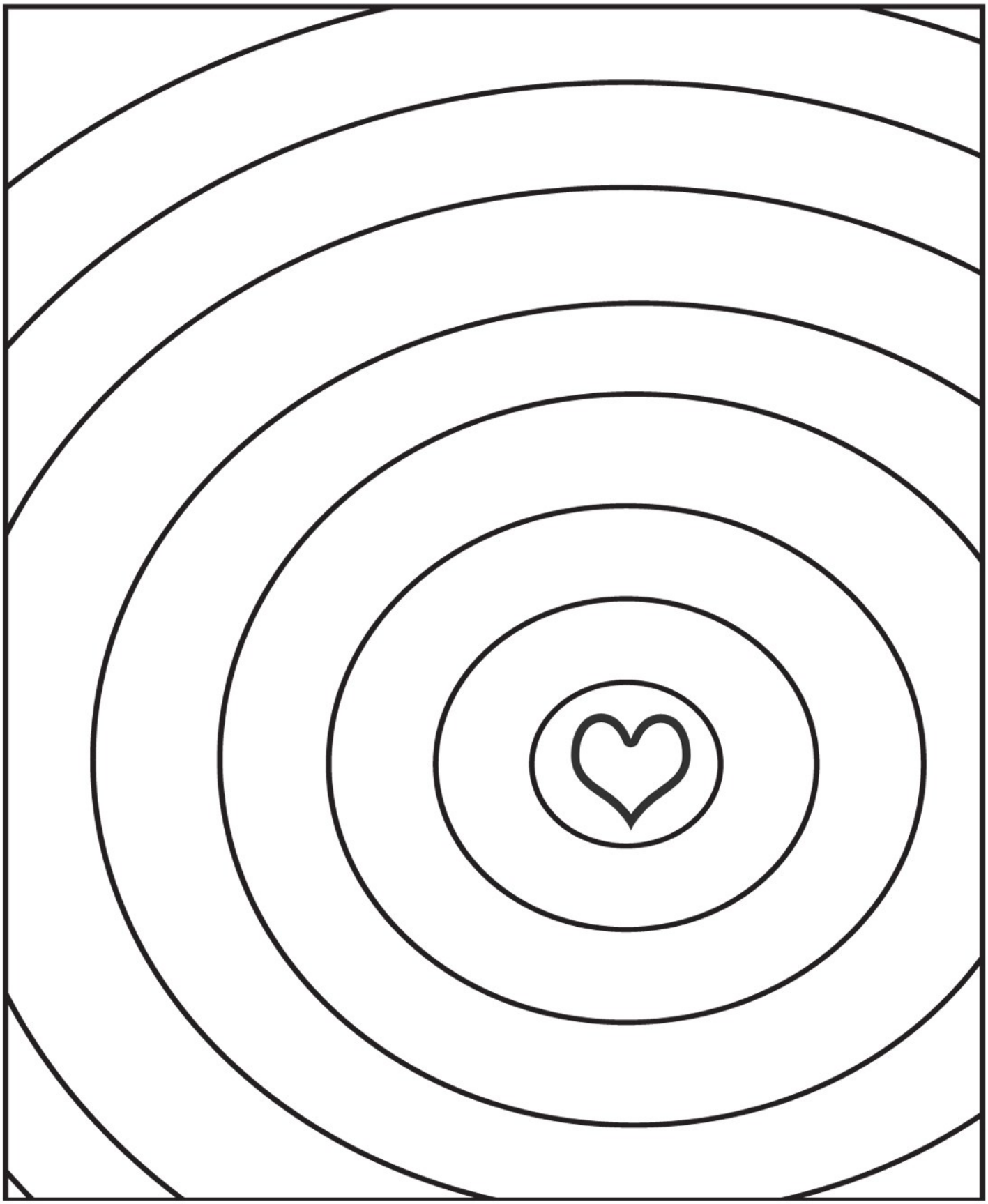
Talk to caregivers in your congregation, or to a local hospital or nursing home about donating posters to be displayed where caregivers will see them and feel appreciated.

New Church Concept Sickness

All the diseases which the Lord healed repre-sented spiritual diseases to which natural diseas-es correspond; and spir-itual diseases can be healed only by the Lord, indeed by looking to His Divine omnipotence and by repentance of life….

But the faith by which spiritual diseases are healed by the Lord can be given only through truths from the Word and a life according to them; the truths themselves and the life itself according to them make the quality of the faith. *Apocalypse Explained* 815

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A Hand for Helpers Poster

Thanks

To ALL the caregivers

For caring

For making
people comfortable

For taking good care

For helping people

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