Make: A New Heart

At a Glance:
In this week's story, Jacob was given a new name—Israel. The new name represented a change that had taken place in Jacob's heart. No longer was he the heel-grabber, the usurper of his brother Esau. The "el" in his new name means "God" and the Lord now had a more central place in Jacob's heart than before. In this project children will create and decorate a heart-shaped pocket. In it they will put pictures of things they want to have in their hearts.

Supplies Needed for Each Child:
- double-heart page printed on heavy paper
- page of pictures representing different qualities on regular paper
- crayons
- stapler or tape
- scissors
- *optional:* glitter, stickers, sequins or other decorations and glue

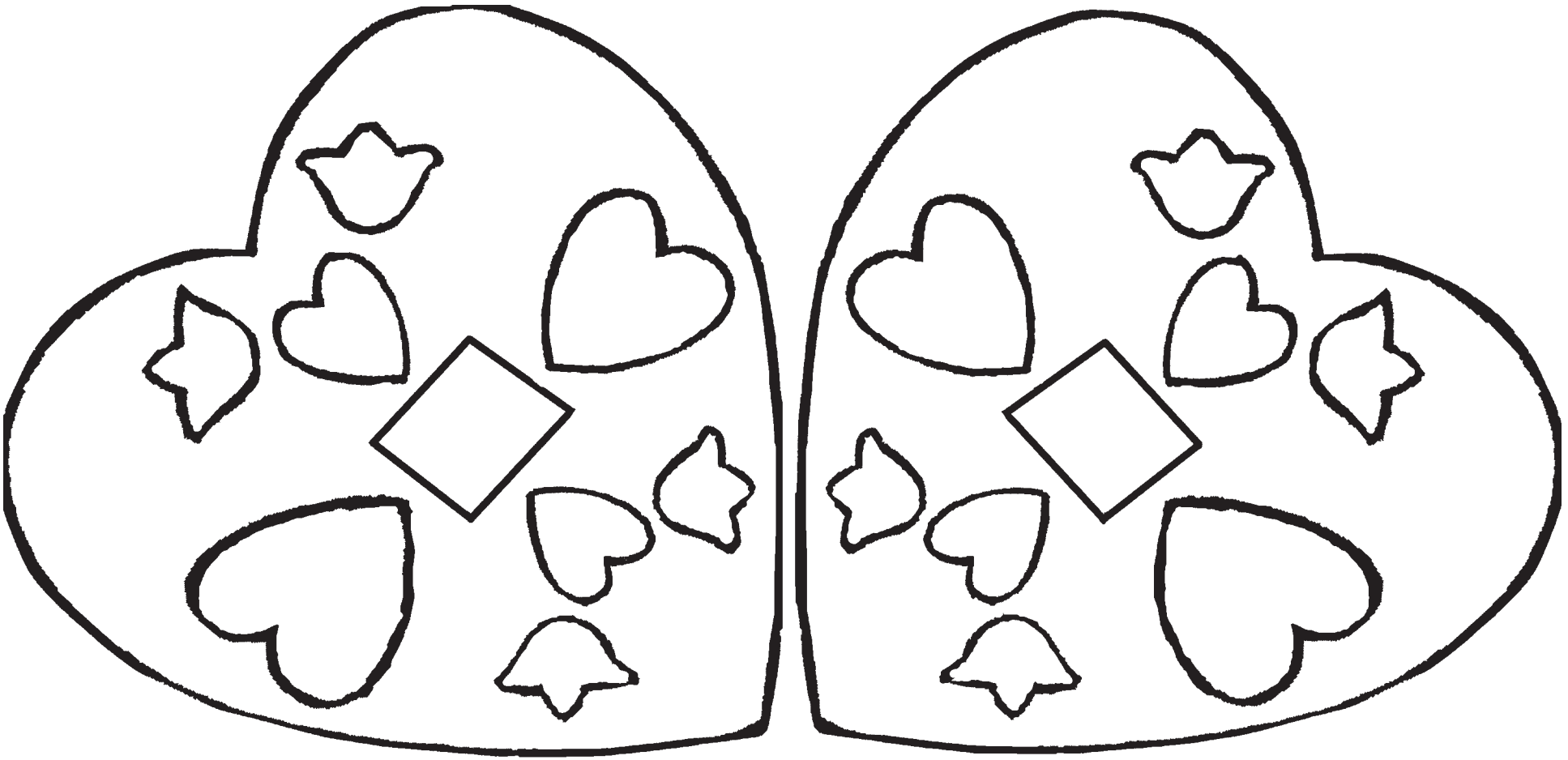


Teacher Preparation:
- Make a sample pocket heart, following the directions below.
- Cut apart the pictures, keeping a set together for each child
- Note: Depending on the age and abilities of your group, you may want to fold and cut the heart pocket out as described in step 4. below. The child can unfold the heart to color the two sides.

Directions:
1. Remind children about Jacob being given a new name in the story. Explain that this showed that his heart had changed. He cared less about what he wanted and more about what the Lord wanted now.
2. Explain to the children that they are going to make a project to show the kinds of good things they want to put in their hearts. Show them your sample heart and how the pictures can fit inside it.
3. Hand out the heart pages and the crayons. Have children color the heart first on both sides. (If you wish, help the children to put their first initial in the square on one side of the heart.)
4. Once the hearts are colored, help the children fold the pages in half and then cut around the other edges of the heart (not cutting the folded edge!). The cutting does not need to be too exact.
5. Help the children staple or tape the edges of the two hearts together to form a pocket.
6. Hand out the sets of pictures. Tell the children the quality that each one is depicting.
7. Let the children color the pictures if they wish and choose which ones to put in their heart pockets.

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A New Heart Pocket



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A New Heart Pictures

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Learning

