Learn by Doing



Choice Helping Hearts

The Lord’s love flows into people immediately from within, and also from outside by means of others (see *Arcana Coelestia* 8719). As we serve the Lord through helping others, He blesses us with the happiness of heaven. Children will brighten the day of someone who is sick by decorating cards that may be sent as needed. Hopefully, reaching out to someone who is sick will bring warm feelings to the children.

If you know of people who could benefit from receiving a card—the elderly, a sick child, a person or family facing a medical crisis, etc.—arrange to send the cards. If you do not have anyone in mind right now, the cards can be sent out as needed by the pastoral staff. In this case, arrange to have the class present the completed cards to the Pastor if possible.

1. We will be decorating cards that can be sent to people who are sick. Hand out copies of the *Helping Heart Card* (p. 2) with crayons or markers and have children decorate them.
2. *Option*: If you are using commercial band aids, give each child three to five band aids. Show the children how to remove any packaging and stick them on the heart.
3. *Option:* If using paper *Band Aids* (p. 8), give each child a “set” of band aids and a pair of scissors. There are four “sets” on each page. Show the children how to set the scissors at the edge of the page and cut in along the lines. Do not worry if young children are not able to make precise cuts. Glue the band aids on the heart as shown below.
4. *Optional*: If children can write their names, encourage them to sign the card inside or on the back. A message may be written later when it is sent to someone in need.
5. Collect cards when the children have finished. If possible, have the children present the cards to the Pastor. Thank them for helping to bring joy to someone who needs comfort.



Materials Needed for Each Child

Helping Heart Card p. 2, crayons or markers, 3-5 actual band aids ***OR*** a quarter sheet of *Band Aids* p. 3 printed on skin-tone paper, scissors, glue

Prepare in Advance

Print *Helping Heart Card* p. 2 on stiff paper if possible. Make into cards by folding in half. Collect real band aids ***OR*** print *Band Aids* p. 3 on skin-toned paper and cut each page into quarters. Make a sample card to show the children. Decide where you will send the cards.

New Church Concept Sickness

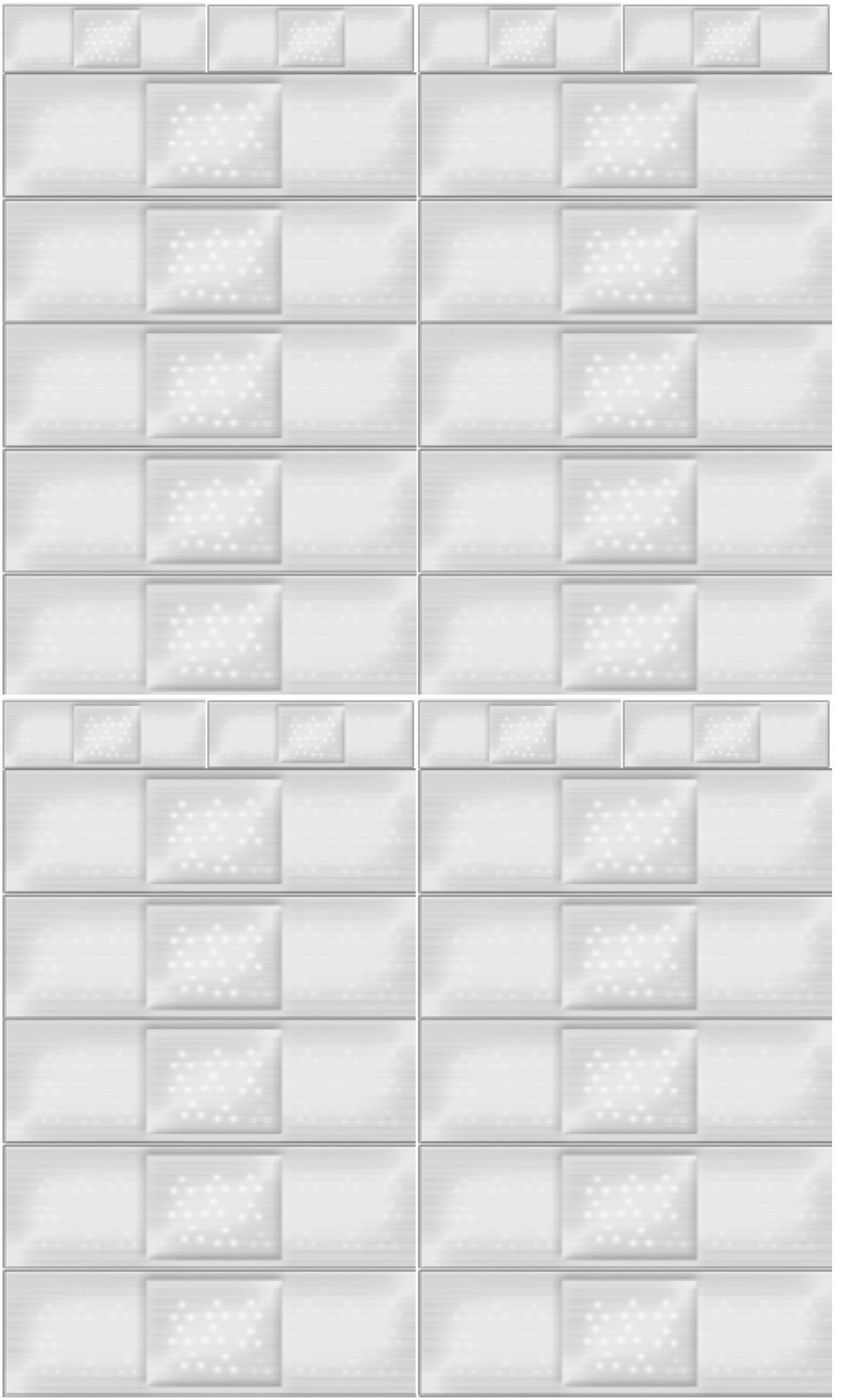
All the diseases which the Lord healed represented spiritual diseases to which natural diseases correspond; and spiritual diseases can be healed only by the Lord, indeed by looking to His Divine omnipotence and by repentance of life….

The faith by which spiritual diseases are healed by the Lord can be given only through truths from the Word and a life according to them; the truths themselves and the life itself according to them make the quality of the faith. *Apocalypse Explained* 815

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Helping Heart Card

Copy onto skin-tone paper and cut into quarters. Give one quarter to each child.



Band Aids