

Journal: Making Promises | Judges 11

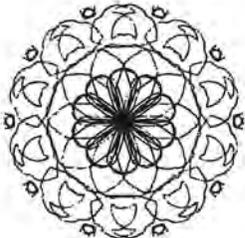
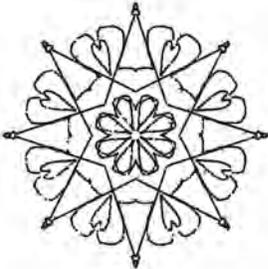
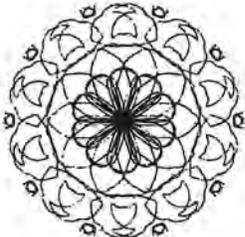
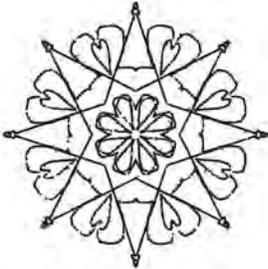
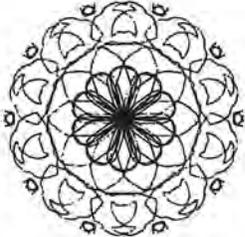
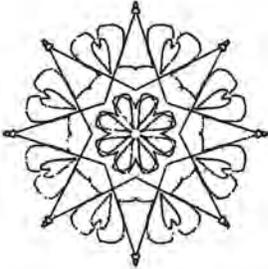
Choose a *Making Promises* journal page to write about making promises. Think about the importance of meaning what you promise, keeping promises, not making foolish promises and not letting people down. Use one of the writing prompts below, or write what comes to mind.

Writing Prompts

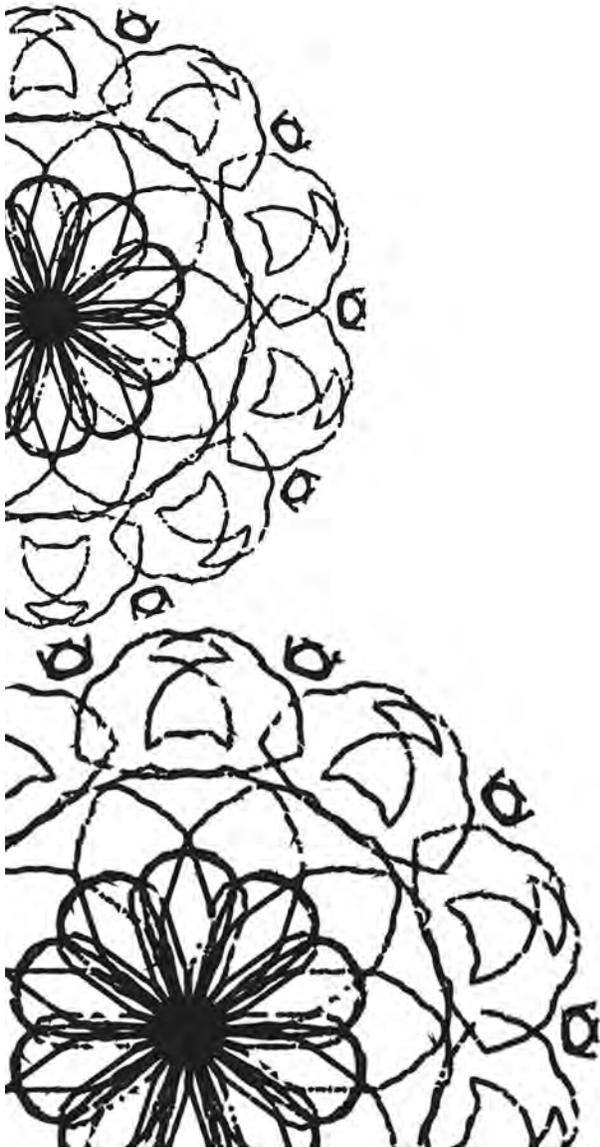
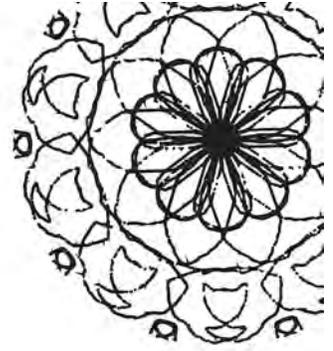
Choose a prompt to help you start writing.

1. **Slip Up:** Write about a time when you forgot to keep a promise you made.
2. **Book Inspired:** Write about a book that included a promise. Would you recommend the book to a friend?
3. **Adjectives:** Think of five adjectives that describe Jephthah's promise.
4. **The Promise:** Write about a promise you made to someone. Did you keep the promise?
5. **Failure:** Write about a time you failed to keep a promise. Did you try again, or give up completely?
6. **Silver Lining:** Write about something good that can come from a bad situation.
7. **Changing Places:** Imagine living the day as Jephthah or his daughter.
8. **Empathy:** Write about your feelings of compassion for Jephthah or his daughter..
9. **Timer:** Set a timer for just five minutes and write. Don't worry about it being perfect.
10. **Describe:** Describe a time when someone kept a promise that made you happy.

Making Promises



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