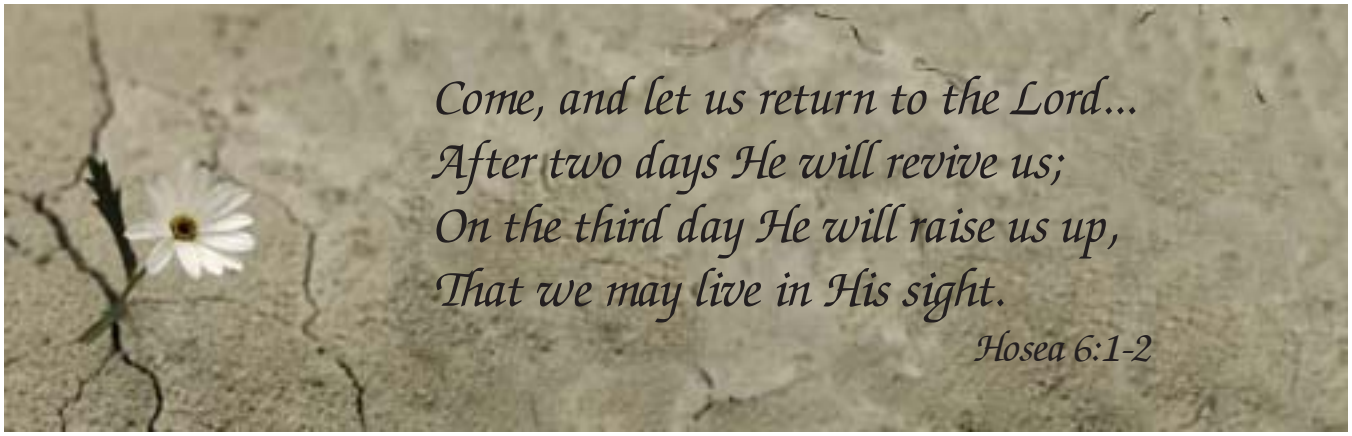
Meditate & Activate

Thinking or meditating about a passage from God's Word and finding opportunities to put it into action can be a powerful experience. Keep this card intact or cut out the illustrated quotation to use as a bookmark or put up somewhere in your home.

Meditate: Is there an ideal in your life that feels distant or dead, in need of new life? Seeking the Lord's help connects us with Him, giving Him the opportunity to renew our sense of purpose and strength.

Activate: Identify one ideal that you would like to strengthen or revive, such as speaking well of other people, being honest with yourself and others, or working hard toward some goal. Find an opportunity to put this ideal into practice today and notice the joy of new life and growth from the Lord.



To make a stronger bookmark, print this page on heavy paper or cardstock, cut in half and give half to each student.

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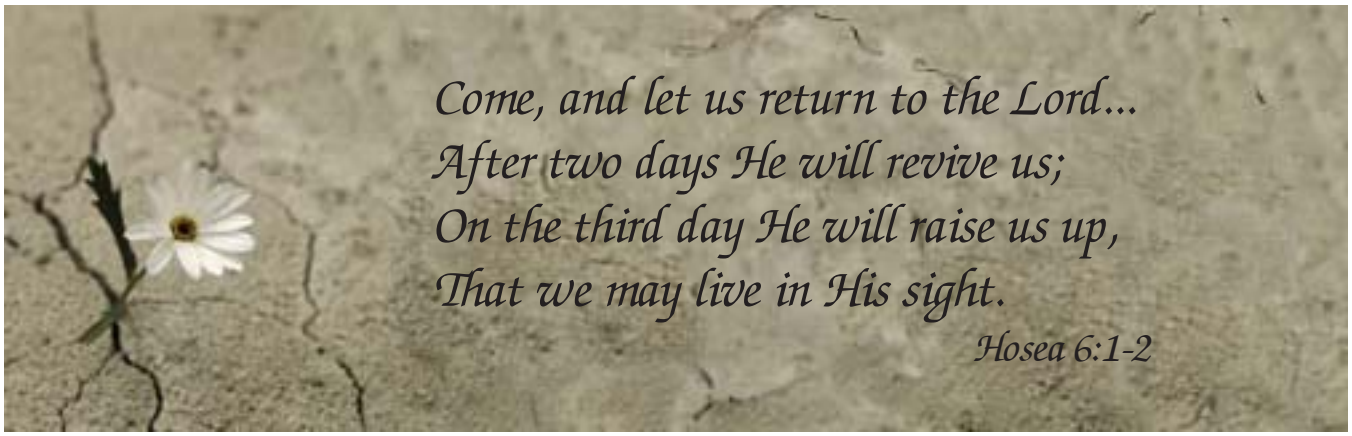

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