

Ages 7-10: Sabbath Cards

Materials Needed

Sabbath Cards and *Quotation Cards* printed on stiff paper, scissors, crayons or markers, pencils or pens
optional: decorations such as sequins, stickers, glitter; envelopes

Prepare in Advance
Print *Sabbath Cards* and *Quotation Cards* on stiff paper for each student. Gather additional supplies.

New Church Concept Teacher Background

“That ‘captivity’ signifies in the Word spiritual captivity, which is a shutting out from Divine truths, that is, from the understanding of them in the Word, also destruction by the falsities of evil and by the evils of falsity.”
Apocalypse Explained 811

“Spiritual captivity is to be led astray and so to be drawn away from truths and goods into falsities and evils. That captivity in the Word means this spiritual captivity can be seen from the following passage: ‘Ought not this... daughter of Abraham, whom Satan has bound... be loosed from this bond on the Sabbath?’ (Luke 13:16)”
Apocalypse Revealed 591

Jesus healed a crippled woman on the Sabbath, the day of rest. After she was healed, she praised the Lord. Children will create cards and choose quotes to put inside them. Encourage children to see useful qualities in others and recognize that all these good things ultimately come from the Lord. Recipients could include parents, grandparents, cleaners, pastors, care workers, medical workers, police, firemen, Sunday school teachers, etc.



1. It's easy to notice extra, special things people do for us—for example, giving us presents—but what about the small things people do for us every day, like making a meal, or helping you with homework? ?
2. We are going to make cards to thank people who help, just as the Lord helped to heal the woman who was bent down. What helpers can you think of? What about ordinary people or family members who do small things for you each day?
3. Hand out *Sabbath Cards* and *Quotation Cards* and other supplies. Ask children to pick one person to make a card for.
4. Cut out the card on the solid line and fold it in half along the dotted line.
5. Draw a picture on the front of the card.
6. Then write a thank you message inside the card.
7. Choose one of the *Quotation Cards* to put in the card.
8. Help children plan how to deliver the cards. Some may need extra help, putting cards in the mail, etc.

New Church Concept Teacher Background

‘To praise God’ means confession and worship, because the Lord has no wish to be praised and glorified from any love of Himself, but only from His love for humanity. For people give praise and glory to Him, when they acknowledge in heart that there is nothing of good in themselves, that all good is from the Lord, and that the Lord can do all things. When people acknowledge this, they put aside what is their own, which belongs to the love of self, and open every part of their mind, and so make room for the Divine to flow in with good and with power. This is why it is necessary for a person to be in humiliation before the Lord, and why humiliation can be from no other source than self-acknowledgment and acknowledgment of the Lord, according to which reception is effected. That ‘to give praise to God’ and ‘to praise God’ mean to confess Him and from confession of heart to worship Him. See *Apocalypse Explained* 1210

May a blessing rest on your house.
see Ezekiel 44:30

I will give thanks to You, O Lord.
2 Samuel 22:50

Come to Me and
I will give you rest.

(Matthew 11:28)

I will sing praises
to Your name.

(2 Samuel 22:50)

Heal me, O Lord,
and I shall be healed.

(Jeremiah 17:14)

It is lawful to do good
on the Sabbath.

(Matthew 12:12)

I will give thanks
to You, O Lord.

(Psalm 18:49)

Rest in the Lord, and
wait patiently for Him.

(Psalm 37:7)

I will praise the Lord.

(Genesis 29:35)

Come to Me...and I
will give you rest.

(Matthew 11:28)