

Make: Seeds of Truth

This project encourages the cultivation of spiritual “good ground”. Children think of true ideas they would like to act on, and then write them down or draw picture of them in seed outlines. When the page is complete, children cut the seeds apart into separate cards. Provide an envelope to put the cards in for taking home.

Materials Needed for Each Child

- copy of seed outlines (see next page)
- pencil
- markers or crayons
- scissors
- envelope large enough to hold seed pictures when cut apart



Optional Preparation Ahead of Time

- Optional: Hole punch the corners of the envelopes and attach string or yarn so that the envelope looks like a seed bag. Make sure the string is long enough so that the finished bag can be put over a child’s shoulder.

Directions

1. Tell the children that they will be creating seed cards showing ideas from the Word that they would like to grow in their lives. Brainstorm ideas about what they might want to show. Use this list to help you get started.
 - Loving others - What would you like to do to show your love for somebody like a grandparent, friend, brother or sister, parent? (set the table, pick flowers, read a book to someone, compliment someone, etc.)
 - Loving the Lord - (read the Word, say the Lord’s Prayer, draw a picture of the Lord to hang in your room, etc.)
 - Obeying your parents - (do chores without being asked, come when called, clear dishes after a meal, hang up your coat, etc.)
 - Obeying the 10 Commandments - (not taking or wanting other people’s things, not saying things that hurt others, etc.)
2. Distribute project pages, pencils, markers or crayons. Continue to help children with ideas as they work.
3. Once they have completed the page, have the children cut the seed pictures apart and put them in their envelopes.
4. Encourage the children to practice doing their “seed” activities each day, and so cultivate “good ground” in their lives.

