Selfish Loves Tree Tangle

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As Absalom rode through the forest his head got caught in a tree. As his mule ran away from under him he was left hanging in a tree. Like Absalom, our reason (the mule) sometimes leaves us and we get caught up in selfish behaviors.

This activity invites you to think of selfish feelings that can trap you and leave you stranded.

Supplies needed

    1 paper plate or a stiff piece of paper
    scissors
    yarn or string
    marker or pencil

Directions

1. Glue the Tree Tangle Template on to a paper plate or a piece of stiff paper.

2. Cut around the points of the circle. You should end up with a star. Poke a small hole in the center of the tree on the white dot.

3. Using a marker or pencil write five negative feelings that could leave you hanging between what you know to be right and how you feel in the rectangles on the tree trunk. For example, jealousy, anger, frustration, hatred, irritation, greed, selfishness.

4. Thread the string through the center to each point around the edge of the circle (see picture, below).

5. Now weave the string in and out of these strings to create a web.

6. How is this web like the web of thoughts and feelings you experience when you have bad feelings and cannot think straight?

Tree Tangle Template